

B. Systemic Lens workshop <https://www.icprsw.com/copy-of-impact-translation-influence>

Resilience is a systemic and social concept. By the concept of resilience, we mean ability to maintain healthy functioning and positively adapt to adversity and/or risk through a transactional process (Bonanno, 2004; Luther, Cicchetti, & Becker, 2000; Truteet al., 2017; Russ et al. 2020) in organisations.

In the first workshop of Systemic Lens we explore different hypotheses:

Our hypotheses:

- **WHAT?** Systemic practices, including relational practice, and group critical reflection may create resilience for communities and individuals -agency and meaningfulness- as well for the service users. It is the goal of practice research (PR) to show how to carry out systemic practices.
- **HOW?** PR should be carried out in a way which creates resilience in the practice and research context. PR should therefore include shared processes of learning, meaning making (knowledge creation) and identity building.
- **WHY?** Resilience is an important goal in child welfare services. Workers commonly experience a high emotional load because the context of the work and the lives of children and families are very complex and constantly changing.
- **WHERE?** We think that PR builds resilience by working closely with the practitioners and children and families together by strengthening polyphony and multiperspective understanding.
- **ME?** We argue that all stakeholders (researchers, practitioners and service users) should try to put themselves into the picture/system (for example, through using self-reflection and second order cybernetics).

There will be five papers presented in the seminar and discussions.

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