

In the first workshop of Systemic Lens we explore different hypotheses:

Our hypotheses:

- **WHAT?** Systemic practices, including relational practice, and group critical reflection may create resilience for communities and individuals -agency and meaningfulness- as well for the service users. It is the goal of practice research (PR) to show how to carry out systemic practices.
- **HOW?** PR should be carried out in a way which creates resilience in the practice and research context. PR should therefore include shared processes of learning, meaning making (knowledge creation) and identity building.
- **WHY?** Resilience is an important goal in child welfare services. Workers commonly experience a high emotional load because the context of the work and the lives of children and families are very complex and constantly changing.
- **WHERE?** We think that PR builds resilience by working closely with the practitioners and children and families together by strengthening polyphony and multiperspective understanding.
- **ME?** We argue that all stakeholders (researchers, practitioners and service users) should try to put themselves into the picture/system.

There will be four papers presented in the seminar and discussions.

Seminar program:

9–9.30 Welcome! Dr. Laura Yliruka, THL

9.30-10.00 Dr. Erica Russ, Southern Cross University, Australia: A relational-reflective framework for resilience in social work practice

10.00-10.30 Doctoral project researcher, Natalie Joubert, UEF: Resilience and the shift to cultural competence - early intervention with migrant families in Finland

10.30-11.00 Dr. Liz Reimer, Southern Cross University: Transforming classroom culture to transform self: a co-operative inquiry into overcoming restrictive personal discomfort and interpersonal power dynamics when teaching and learning critical reflection

Break 11.00–11.15

11.15-11.45 Dr. Laura Yliruka & Dr. Kaarina Mönkkönen & Dr. Päivi Petrelius: Towards collaborative, resilience building implementation of systemic practices in Finland.

11.45-12.00 Discussion & lunch